

AGE 16-25?  
**VOLUNTEER  
WITH  
FAST  
FORWARD**

get experience  
gain new skills  
discover your talents  
empower young people

interested?

contact ailsa

[ailsa@fastforward.org.uk](mailto:ailsa@fastforward.org.uk)

01315544300

**fast forward**



# VOLUNTEER

become part of a national organisation that promotes health and wellbeing through education **WITH, BY** and **FOR** young people

harm reduction  
drug workshops  
social networking  
training campaigning  
& events

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edinburgh  
eh6 6pp  
[www.fastforward.org.uk](http://www.fastforward.org.uk)  
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get involved in all areas of a youth organisation  
to fit your interests and goals get free training, support and expenses

